

Om Shree Krishnaaya Param Brahmane Namah!

**Om Namō Bhagavathe Vaasudhevaayah!
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॥ ॐ नमो भगवते वासुदेवाय ॥

Om Namō Bhagavathe Vaasudhevaayah!

श्रीमद्भागवतं - सप्तमस्कन्धः

**SREEMADH BHAAGAWATHAM - SAPTHAMASKANDDHAH
MOOLAM (ORIGINAL)**

॥ सप्तमस्कन्धः ॥

SAPTHAMASKANDDHAH (CANTO SEVEN)

॥ चतुर्दशोऽध्यायः - १४ ॥

CHATHURDHESOADDHYAAYAH (CHAPTER FOURTEEN)

**Sadhaachaaranirnnaya [AasramaDdharmmaNiroopanam –
SadhaachaaraNirnnayam] (Principles of Ideal Life [Principles and
Occupational Duties and Obligations at Different Stages of Life
Brahmacharya-Grihastthaasrama-Vaanapresttha-Sanyaasa –
Determination of Ideal Life])**

[In this chapter we can read the details of the principles to be followed and occupational responsibilities to be adhered to by the Grihasttha or a

Family-man. Yuddhishtira was a Grihastha, and majority of the people follow this stage immediately after Brahmacharya but before they enter Vaanaprestha. In a practical point of view this is more important and useful for the general population because this is the materially most active stage of life. A Grihastha must follow Nishkaama Karmma. Nishkaama Karmma means engaging in material activities without desiring or targeting for any result. Do your duty but do not look for the result or do your duty dedicating to God. {There is an interesting logic and argument that when we work with a specific purpose, we will be concentrating more on the result and not on the work. Whereas for Nishkaama Karmma One will be concentrating on the work and therefore such work would be able to produce more positive results.} Here the instructions to Grihastha are to engage in work only for survival and maintenance and not for accumulation for future use or to produce gains or profits. A Grihastha should not be overly attached to the family like wife, children, relatives, etc. To some degree he must be detached with family. Grihastha should give the same consideration to others and to other living entities as his own family. He should feed and provide care to co-existing entities of the universe also. Grihastha should not be too much attached and attracted to his wife and to the sensual pleasures derived from her. He should offer all what he makes from his activities to the Supreme Soul. He should be equipoised and balanced. We can read the details of timings and activities or Vrataas or Anushttaanaas to be performed by a Grihastha. Grihastha should worship Braahmanaas considering that they are the Supreme Soul Who is residing in every entity. Please continue to read for details...]

युधिष्ठिर उवाच

Yuddhishtira Uvaacha (Yuddhishtira Said):

गृहस्थ एतां पदवीं विधिना येन चाञ्जसा ।
याति देवऋषे ब्रूहि मादृशो गृहमूढधीः ॥ १ ॥

1

Grihastha ethaam padhaveem viddhinaa yena chaanjasaa
Yaathi DhevaRishe broohi maadhriso grihamooddaddheeh.

Hey, Dheva Mune or Dhevarshi Naaradha! Now please explain to me the details of Ddharmmanushttaanaas and principles and occupational responsibilities to be followed by Grihastthaas or Grihastthaasramees or Family-men or Those who follow Family life with wife, children, friends, relatives, etc., like me, for us to be liberated from the miseries of material life and attain self-realization and salvation.

नारद उवाच

Naaradha Uvaacha (Dhevarshi Naaradha Said):

[This stanza is missing in the Sanskrit version now I am resferring.]

2

Saaddhu prishtam, Mahaabhaaga, lokaan samanugrihnathaa
Thatthhvena thadhaham vakshye naishkarmmyam yena karmmanaam.

Oh, the most fortunate Mahaaraajan! You are the renowned emperor, and you ensure the well-being of the entire world. You provide blessings and prosperity to the world. Your question is very appropriate and timely. Hey, Ddharmmaja or the son of Ddharmmaraaja! I shall narrate the principles and details of Nishkaama Karma, meaning Activities without any intention of obtaining material benefits or result or dedicating the result, whatever it is, to The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan or in other words for spiritual knowledge and spiritual advancement.

गृहेष्ववस्थितो राजन् क्रियाः कुर्वन् गृहोचिताः ।
वासुदेवार्पणं साक्षादुपासीत महामुनीन् ॥ २॥

2

Griheshvavastthitho, Raajan, kriyaah kurvvan grihochithaah
Vaasudhevaarppanam saakshaadhupaaseetha Mahaamuneen.

Those who follow family life must engage in activities required and appropriate for maintenance of the family by dedicating the result of the activities for Lord Sree Hari or The Supreme Soul Lord Sree Vaasudheva

Sree Maha Vishnu Bhagawaan. That means they should not engage in activities for attainment of any specific result like engaging in business for making profits or gains. Do the work for The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan. Do not target the result. Oh, the best lord of all Kings! Grihastthas must worship great Rishees and Braahmanaas and obey their instructions and advice.

शृण्वन् भगवतोऽभीक्षणमवतारकथामृतम् ।
श्रद्धधानो यथाकालमुपशान्तजनावृतः ॥ ३॥

3

Srinvan Bhagawathoabheekshnamavatharakatthaamritham
Sredhdhaddhaano yetthaakaalamupasaanthajenaavrithah.

सत्सङ्गाच्छ्रनकैः सङ्गमात्मजायात्मजादिषु ।
विमुच्येन्मुच्यमानेषु स्वयं स्वप्नवदुत्थितः ॥ ४॥

4

Sathsanggaachcchanakaih sanggamaathmajaayaathmajaadhishu
Vimuchyenmuchyamaaneshu svayam svapnavadhuthithah.

After completing the activities required for family maintenance, the Grihasttha should approach great and peaceful Rishees and Sanyaasees and sit down near to them and listen to the discourses of glories of The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan delivered by them daily. At that time, they should keep away the thoughts and concerns about their family like the self, wife, children, friends, relatives, associates, superiors, subjects, etc. and how to maintain the family, how to administer the kingdom, how to manage and conquer the enemies, etc. That is possible by proximity to divine and scholarly Rishees and Sanyaasees. This can be done like, when we awake from a dream, we keep away all what we have seen and happened during dream, as they are unreal and false. Similarly, all our family responsibilities and occupational duties are to be considered as in a dream and proximity to Rishees and Sanyaasees to be considered as in awoken status.

यावदर्थमुपासीनो देहे गेहे च पण्डितः ।
विरक्तो रक्तवत्तत्र नृलोके नरतां न्यसेत् ॥ ५॥

5

Yaavadharththamupaaseeno dhehe gehe cha pandithah
Viraktho rekthavath thathra nriloke narathaam nyeseth.

An intelligent Grihasttha should engage in family and physical matters only to the extent it is essentially required, meaning do not devote the entire time for family and material body related matters. Work to earn for livelihood only or for as much as required for family maintenance. He should not be attached to family internally though externally appearing that he is very much attached. [This may appear that a Grihasttha should not be sincere to family life.]

ज्ञातयः पितरौ पुत्रा भ्रातरः सुहृदोऽपरे ।
यद्वदन्ति यदिच्छन्ति चानुमोदेत निर्ममः ॥ ६॥

6

Jnjaathayah pitharau puthraa bhraatharah suhridhoapare
Yedhvdhanthi yedhichcchanthi chaanumodhathe nirmmamah.

In society, the Grihasttha must make his own program of activities very simple. In society the Grihasttha should be very vigorous and valorous. The Grihasttha must listen with interest and concern to the family members like wife, children, parents, friends, relatives, etc. but do whatever he thinks as the most apt. That means a Grihasttha should not discourage or displease others.

दिव्यं भौमं चान्तरीक्षं वित्तमच्युतनिर्मितम् ।
तत्सर्वमुपयुञ्जान एतत्कुर्यात्स्वतो बुधः ॥ ७॥

7

Dhivyam bhaumam chaanthareeksham viththamAchyuthanirmmitham
Thatsarvvamupabhunjaana ethath kuryaath svatho buddhah.

The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan has provided all three types of materials, from sky – like rainfalls - and from atmosphere – spontaneous and unexpected - and from earth – mines, seas, fields, etc. -, required for maintenance of material life. It is the best and noblest of an intelligent Grihasttha to process those materials and properties provided by The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan and maintain the family.

यावद्भ्रियेत जठरं तावत्स्वत्वं हि देहिनाम् ।
अधिकं योऽभिमन्येत स स्तेनो दण्डमर्हति ॥ ८॥

8

Yaavadh bhriyathe jettaram thaavathsvathvam hi dhehinaam
Addhikam yoabhimanyetha sa stheno dhendamarhathi.

Whatever is most essentially required for livelihood is your own property, meaning do not try to accumulate for tomorrow and for luxurious living, and whatever is excess than required is for others to use. Hey, Mahaaraajan! Those who believe or consider that the excess materials and properties required are also his own, he is a robber or thief, and he is punishable.

मृगोष्ट्रखरमर्काखुसरीसृष्वगमक्षिकाः ।
आत्मनः पुत्रवत्पश्येत्तैरेषामन्तरं कियत् ॥ ९॥

9

Mrigoshtakharamarkkaakhusareesripkhagamakshikaah
Aathmanah puthravath pasyeththaireshaamantharam kiyath.

A Grihasttha must consider cats, rats, cows and other animals, dogs, flies, snakes and other reptiles, crows and other birds, monkeys, etc. also as his own children and with that consideration he should feed them all as needed.

त्रिवर्गं नातिकृच्छ्रेण भजेत गृहमेध्यपि ।
यथादेशं यथाकालं यावद्द्वैवोपपादितम् ॥ १०॥

Thrivarggam naathikrichcchrena bhajetha grihameddhyapi
Yetthaadhesam yetthaakaalam yaavadhDhaivopapaadhitham.

Even if One is in Grihastthaasrama he should not endeavor very hard for the Purusharthtthaas like Ddharmma = Religiosity, Arthttha = Economic Development and Kaama = Sense Gratification. Meaning a Grihasttha should be like one who is in the other three Aasramaas, Brahmacharya, Sanyaasa and Vaanapresttha in respect of attainment of Purusharthtthaas. Grihasttha should be satisfied by whatever is willingly provided by The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan.

आश्वाघान्तेऽवसायिभ्यः कामान् संविभजेद्यथा ।
अप्येकामात्मनो दारां नृणां स्वत्वग्रहो यतः ॥ ११ ॥

Aasvaaghaantheavasaayibhyah kaamaan samvibhajerdyetthah
Apyekaamaathmano dhaaraam nrinaam svathvagreho yethah.

A Grihasttha should share whatever materials he has to Chandaalaas, dogs, outcastes, downtrodden, low castes and other needy ones. He should also make his wife to host and share and donate materials to guests and people in general and needy ones because wife is most intimately attached to him.

जह्याद्यदर्थे स्वप्राणान् हन्याद्वा पितरं गुरुम् ।
तस्यां स्वत्वं स्त्रियां जह्याद्यस्तेन ह्यजितो जितः ॥ १२ ॥

Jehyaadhyadharthtthe svapraanaan hanyaadhvaa Pitharam Gurum
Thasyaam svathvam sthriyaam jehyaadhyasthena hyajitho jithah.

Who can conquer the attachment of intimacy and affinity to his wife or better-half for whom he would kill his own Guru or father and is willing to risk his own life would be able to conquer supreme devotion to Lord Sree

Hari or The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan. In other words, One who can discard the attachment to wife would be able to become a devotee of The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan and would be able to find a noble position among His devotees.

कृमिविड्भस्मनिष्ठान्तं क्वेदं तुच्छं कलेवरम् ।
क्व तदीयरतिर्भार्या क्वायमात्मा नभश्छदिः ॥ १३॥

13

Krividbhasmanishttaantham kvedham thuchccham kalebaram
Kva thadheeyarethirbhaaryaa kvaayamaathmaa nabhascchadhih.

With proper deliberation and thinking One should give up the attachment and attraction towards the material body of One's wife [this is applicable for all the bodies and not only of the body of the wife] which will be transformed into worthless and useless ashes or worms or insects or stool. What is the value of this insignificant and negligible body? Whereas how much greater is the Soul which is The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan Who covers whole atmosphere and Who is All-Pervading. That means the soul is far superior to the body.

सिद्धैर्यज्ञावशिष्टार्थैः कल्पयेद्वृत्तिमात्मनः ।
शेषे स्वत्वं त्यजन् प्राज्ञः पदवीं महतामियात् ॥ १४॥

14

Sidhddhairyejnjaavasishthaarththaih kalpayedh vriththimathmanah
Seshe svathvam thyejan praajjah padhaveem mahathaamiyaath.

The Grihasttha should supply all the remains of the Yejnjaas after offering it to the deities, to others without thinking that he is the owner of them as he is the One who conducted the Yaagaas or Yejnjaas. Those who supply the remains of the Yaagaas they conducted would be the noblest of the devotees of The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan and their position would be far above the Sages.

देवान् ऋषीन् नृभूतानि पितृनात्मानमन्वहम् ।
स्ववृत्त्यागतवित्तेन यजेत पुरुषं पृथक् ॥ १५॥

15

DhevaanRisheen NriBhoothaani PithroonAathmaanamanvaham
Svavriithyaagethaviththena yejetha purusham prithhak.

The Dhevaas, Naraas, Munees, Pithroos, Bhoothaas and the Soul should be offered with the materials and properties attained by One's own efforts and activities, considering all of them as The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan. That means the offerings should not be made by the properties or materials saved or accumulated by our predecessors or acquired by stealing or robbing.

यर्ह्यात्मनोऽधिकाराद्याः सर्वाः स्युर्यज्ञसम्पदः ।
वैतानिकेन विधिना अग्निहोत्रादिना यजेत् ॥ १६॥

16

Yerhyaathmanoaddhikaaraadhyaah sarvvaah syurYejnjasampadhah
Vaithaanikena viddhinaa agnihothraadhinaa yejeth.

When the Grihasttha is enriched with wealth and knowledge under his full control, then he can perform Yejnjaas and Yaagaas and offer the paraphernalia for sacrificial ceremonies which are collected with such wealth should be offered as oblation to please The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan Who is the final authority of all the Yaagaas and Yejnjaas. That means, a Grihasttha should use the wealth for the benefit of the universe.

न ह्यग्निमुखतोयं वै भगवान् सर्वयज्ञभुक् ।
इज्येत हविषा राजन् यथा विप्रमुखे हुतैः ॥ १७॥

17

Na hyAgnimukhathoayam vai Bhagawaan sarvvayejnjabhuk
Ijyetha havishaa raajanyetthaa vipramuke huthaih.

Hey, Yuddhishtira! The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan is the enjoyer of sacrificial offerings. It is certain that The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan is not always as pleased as sacrificial offerings made in the sacrificial fire as in the case of offerings made by chanting of Vedha Manthraas from the face of knowledgeable Braahmanaas. That means Maanthrik offerings are preferred to material offerings.

तस्माद्ब्राह्मणदेवेषु मर्त्यादिषु यथार्हतः ।
तैस्तैः कामैर्यजस्वैनं क्षेत्रज्ञं ब्राह्मणाननु ॥ १८॥

18

Thasmaadh BraahmanaDheveshu Marthhyaadhishu yettharhathah
Thaisthah kaamairyejasvainam kshethrajnam Braahmaananu

Hey, Mahaaraaja! After worshipping the Braahmanaas, you perform Yaagaas and Yejnjaas and happily offer oblations with materials of your likings to The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan with the knowledge that He is residing within Braahmanaas, Dhevaas, Marthhyaas and all the entities.

कुर्यादापरपक्षीयं मासि प्रौष्ठपदे द्विजः ।
श्राद्धं पित्रोर्यथावित्तं तद्धन्धूनां च वित्तवान् ॥ १९॥

19

Kuryaadhaparapaksheeyam maasi praushttapadhe Dhvijah
Sraadhddham pithroryetthaaviththam thadhbendddhonaam cha
viththavaan.

A Braahmana who is sufficiently rich must perform Sraadhddha ceremony or offer last rites or obligations to the forefathers on Makara-Sankraanthi or during the dark-moon fortnight of the later part of Bhadhra (between later part of July and former part of August) month. Similarly, he should offer oblations to the relatives of his forefathers on Karkata-Sankraanthi or in the earlier portion of Asvini (between later part of September and former part of October) month during the Mahaaleya or the great merger time.

अयने विषुवे कुर्याद्व्यतीपाते दिनक्षये ।
चन्द्रादित्योपरागे च द्वादशीश्रवणेषु च ॥ २० ॥

20

Ayane vishuve kuryaadh vyetheepaathe dhinaksheye
ChandhrAadhithyoparaage cha Dhvaadhesyaam Srevaneshu cha.

The Grihasttha should perform the Yoga called Vyethipaatha by worshipping the Dhevaas and Pithroos or forefathers during Meshasankraanthi and Thula-Sankraanthi in which three days: the eclipse of either sun or moon, the twelfth lunar day and the Sraavana (Thiruvonam) Nakshathra conjoins together.

तृतीयायां शुक्लपक्षे नवम्यामथ कार्तिके ।
चतसृष्वप्यष्टकासु हेमन्ते शिशिरे तथा ॥ २१ ॥

21

Thritheeyaam Suklapakshe Navamyamattha Kaarththike
Chathasrishvapyashtakaasu Hemanthe Sisire thatthaa

This special ceremony, Sraadhddha, for uplifting our forefathers should be performed on Aksheya-Thritheeya day and on the ninth lunar day of the bright fortnight of the month of Kaarththika (between October 24th and November 22nd). Oh, the most intelligent King! This day is also very good to perform Sraadhddha. They should also perform it on the four Ashtakaas or eighth lunar days of both Winter and Cold seasons.

माघे च सितसप्तम्यां मघाराकासमागमे ।
राकया चानुमत्या वा मासर्क्षाणि युतान्यपि ॥ २२ ॥

22

Maaghe cha sithasapthamyaam maghaaraakaasamaageme
Raakayaa chaanumathyaa vaa maasaarkshaani yuthaanyapi.

Then on the seventh lunar day of the bright fortnight of the month of Maagha (between January 21st and February 19th) conjoined with Magha

(Maka) Nakshathra and the full moon day, the Grihasttha should perform Sraadhddha. And on the days when the moon is completely full or not quite completely full conjoining with Nakshathra from which the month name is derived [example is Magha Nakshathra of Maagha month] are good for performing Sraadhddha by Grihastthaas.

द्वादश्यामनुराधा स्याच्छ्रवणस्तिस्त्र उत्तराः ।
तिसृष्वेकादशी वाऽऽसु जन्मर्क्षश्रोणयोगयुक् ॥ २३ ॥

23

Dhvaadhesyaamanuraaddhaa syaachcchrevanasthisra uththaraah
Thisrishvakaadhesee vaaaasu jenmarkshasronayogayuk.

A Grihasttha should also perform Sraadhddha on the following days: conjoining days of Ekaadhesi or the eleventh lunar day with either the star of Uthraphalguni (Uththiram) or Uththraashaada (Uthraadam) or Uththrabhadhra (Uththirittaathi); and of Dhvaadhesi or twelfth lunar day conjoins with Anuraaddha (Anizham) or Sraavana (Thiruvonam); Ekaadhesi or eleventh lunar day conjoins with Sraavana (Thiruvonam) or the star of the birthday of the deceased.

त एते श्रेयसः काला नृणां श्रेयोविवर्धनाः ।
कुर्यात्सर्वात्मनैतेषु श्रेयोऽमोघं तदायुषः ॥ २४ ॥

24

Tha ethe sreayasah kaalaa nrinaam sreyoivardhddhanaah
Kuryaath sarvvvaathmanaitshesu sreyoamogham thadhaayushah.

All the above said holy dates are very good to perform any other virtuous and auspicious ceremonies. Even if a Grihasttha is observing fasting or any other austerity it is necessary to abandon all those and should perform the Sraadhddha ceremony. A Grihasttha can fulfill the purpose of life by performing Sraadhddha during those days.

एषु स्नानं जपो होमो व्रतं देवद्विजार्चनम् ।
पितृदेवनृभूतेभ्यो यद्दत्तं तद्ध्यानश्वरम् ॥ २५ ॥

Eshu Snaanam jepo homo vratham dhevadhviijaarchchanam
Pithridhevanribhoothebhyo yedhdheththam thadhdhyanasvaram.

Hey, Yuddhishtira! If a Grihastha or for that matter anyone who performs Sraadhddha or worship Pithroos, worship Dhevaas and Braahmanaas, conducts Pilgrimage, observes fasting and austerity, ablutionary purifications, Yaagaas and Yejnjaas, chanting Manthraas, worship Suraas and Marthhyaas and Braahmanaas, will be benefited with imperishable virtues and auspiciousness. There is no doubt about it.

संस्कारकालो जायाया अपत्यस्यात्मनस्तथा ।
प्रेतसंस्था मृताहश्च कर्मण्यभ्युदये नृप ॥ २६॥

Samskaarakaalo jaayaayaa apathyasyaathmanasthatthaa
Prethasamstthaa mrithaahascha karmmanyabhyudhaye Nripa!

Hey, Nripa! The timings prescribed above are very good for reformative ritualistic ceremonies for One's self, One's wife, One's children, for funeral ceremonies, for annual death ceremonies and other auspicious ceremonies. Therefore, One must perform auspicious ceremonies as mentioned above to flourish in fruitive activities.

अथ देशान् प्रवक्ष्यामि धर्मादिश्रेय आवहन् ।
स वै पुण्यतमो देशः सत्पात्रं यत्र लभ्यते ॥ २७॥

Attha dhesaam prevakshyaami ddharmmaadhisreya aavahan
Sa vai punyathammo dhesah sathpaathram yethra lebhyathe.

Hey, Raajan! Now I shall explain the places where religious performances can be executed for the best results. Any place where you can find

Vaishnavaas, or people of virtue and nobility are the holiest places to perform religious ceremonies. That's for certain.

बिम्बं भगवतो यत्र सर्वमेतच्चराचरम् ।
यत्र ह ब्राह्मणकुलं तपोविद्यादयान्वितम् ॥ २८॥

28

Bimbam Bhagawatho yethra sarvvamethachcharaacharam
Yethra ha Braahmanakulam thapovidhyaadheyaanvitham.

The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan is the sole controller of this universe and all its entities and elements. This universe is contained within Him. The temples or the places where the reflections or the icons or idols of The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan are installed are the best places to perform religious ceremonies. Also, the places where the Braahmanaas and Sanyaasees who are endowed with austerities and penances and Vedhic knowledge and devotion to The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan live or are available are also the best places to perform religious ceremonies.

यत्र यत्र हरेरर्चा स देशः श्रेयसां पदम् ।
यत्र गङ्गादयो नद्यः पुराणेषु च विश्रुताः ॥ २९॥

29

Yethra yethra Harerarchchaa sa dhesah sreayasaam Padham
Yethra Genggaadhayo nadhyah puraaneshu cha vissruthaah

Also, the following places are very suitable for performing religious ceremonies by Grihastthaas and others: the places where people constantly or from time-to-time worship Naaraayana Bhagawaan or The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan, mythologically important holy places, the confluences of sacred rivers and other sacred and holy pilgrim places mentioned in the Vedhaas and Puraanaas.

सरांसि पुष्करादीनि क्षेत्राण्यर्हाश्रितान्युत ।

कुरुक्षेत्रं गयशिरः प्रयागः पुलहाश्रमः ॥ ३० ॥

30

Saraamsi pushkaraadheeni kshethraanyarhaasrithaanyutha
Kuruksheethram Geyasirah Preyaagah Pulahaasramah.

नैमिषं फाल्गुनं सेतुः प्रभासोऽथ कुशस्थली ।
वाराणसी मधुपुरी पम्पा बिन्दुसरस्तथा ॥ ३१ ॥

31

Naimisham Phalgunam Sethuh Prebhaasoattha Kusastthalee
Vaaranaasee Maddhupuree Pampaa Bindhusarasthatthaa

नारायणाश्रमो नन्दा सीतारामाश्रमादयः ।
सर्वे कुलाचला राजन् महेन्द्रमलयादयः ॥ ३२ ॥

32

Naaraayanaasramo Nandhaa SeethaaRaamaasramaadhayah
Sarvve Kulaachala Raajan Mahendhramalayaadhayah.

एते पुण्यतमा देशा हरेरर्चाश्रिताश्च ये ।
एतान् देशान् निषेवेत श्रेयस्कामो ह्यभीक्षणशः ।
धर्मो ह्यत्रेहितः पुंसां सहस्राधिफलोदयः ॥ ३३ ॥

33

Ethe punyathamaa dhesaa Harerarchchaasithaascha ye
Ethaandhesaan nishhevetha sreyaskaamo hyabheekshnasah
Ddharmmo hyathrehithah pumsaam sahasraaddhiphalodhayah.

The list of sacred and holy places to perform the ceremonies continues:
Lakes like Pushkara, places where saintly persons or Munees live like:
Kuruksheethra, Geya and Pulahaasrama, Naimisaaranya, Prebhaasa,
Preyaaga, Maddhuraapura, Sethubenddha built by Sree Raama,
Bindhusaras, Aasramaas where Seethaadhevi and Sree Raama Swaamy

have lived together, Nandha, Pampa, Mount Mahendhra and other sacred Mountains like Meru, Kailaasa, etc., Phalgunam, other places where the devotees of Lord Sree Hari or The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan live, temples where Lord Sree Hrisheekesa or His Incarnations are installed and worshipped and other sacred and holy places. Any religious ceremonies performed in above places would derive thousand times better results than other ordinary places. Oh, Nripa! Therefore, the ceremonies are to be performed at these sacred holy places.

पात्रं त्वत्र निरुक्तं वै कविभिः पात्रवित्तमैः ।
हरिरेवैक उर्वीश यन्मयं वै चराचरम् ॥ ३४॥

34

Paathram thvathra niruktham vai kavibhih paathraviththamaih
Harirevaika, Urvveesa, yenmayam vai charaacharam.

Scholarly Saints and Pandits have already expounded clearly and unanimously that Bhagawaan Sree Vaasudheva or The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan is the personification or embodiment of all the universes and its movable and non-movable entities and elements. He is the Supreme Most Deity to be worshipped.

देवर्ष्यर्हत्सु वै सत्सु तत्र ब्रह्मात्मजादिषु ।
राजन् यदग्रपूजायां मतः पात्रतयाच्युतः ॥ ३५॥

35

Dhevarshyarhathsu vai sathsu thathra Brahmaathmajaadhisu
Raajanyadhagrapoojaayaam mathah paathrathayaAchyuthah

Hey, Mahaaraajan! You are aware of that fact. See, you have chosen Sree Krishna Bhagawaan or The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan for Agrya Pooja, the noblest and most exalted One to be worshiped, in the Raajasooya Yaaga from among many Dhevaas, Rishees, Vedhic Pandits, Dhevarshees including me and first four sons of Brahmadheva – Sanathkumaaraas. Sanathkumaaraas are the

divinest of the divinest. But you opted for Sree Vaasudheva Sree Krishna Bhagawaan and worshiped Him.

जीवराशिभिराकीर्ण आण्डकोशाङ्घ्रिपो महान् ।
तन्मूलत्वादच्युतेज्या सर्वजीवात्मतर्पणम् ॥ ३६॥

36

Jeevaraasibhiraakeernna aandakosaangghripo Mahaan
ThanmoolathvaadhAchyuthejyaa sarvvajeevaathmatharppanam.

Oh, the best of all the best Emperors, Yuddhishtira! The universe which is in the form or shape of an egg is full of living and non-living, moving and non-moving entities and elements. It is like a tree whose main root is Sree MahaaBhagawaan Achyutha Swaamy or The Supreme Soul and Supreme Personality Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan. Therefore, when we dedicate our mind, heart and soul and worship at the lotus feet of Sree MahaaBhagawaan Achyutha Swaamy or The Supreme Soul and Supreme Personality Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan it will amount dedicating our mind, heart and soul and worshipping at each living and non-living, moving and non-moving entity and element of the entire universe.

पुराण्यनेन सृष्टानि नृतिर्यगृषिदेवताः ।
शेते जीवेन रूपेण पुरेषु पुरुषो ह्यसौ ॥ ३७॥

37

Puraanyanena srishtaani nrithiryagrishidhevathaah
Sethe jeevena roopena pureshu purusho hyasau.

Sree MahaaBhagawaan Achyutha Swaamy or The Supreme Soul and Supreme Personality Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan has created many residential places like the bodies of human beings, animals, birds, reptiles, gods, demigods, Saints and other species. In all those innumerable body forms He resides as Paramaathma. Thus, He is known as Purusha or Purushaarthththa. Therefore, you can see Lord Sree Hari or Sree MahaaBhagawaan Achyutha Swaamy or The Supreme

Soul and Supreme Personality Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan everywhere and in everything.

तेष्वेषु भगवान् राजंस्तारतम्येन वर्तते ।
तस्मात्पात्रं हि पुरुषो यावानात्मा यथेयते ॥ ३८॥

38

THeshveshu Bhagawaan Raajamsthaarathamyena varththathe
Thasmaath paathram hi purusho yaavanaathmaa yettheyethe.

Sree MahaaBhagawaan Achyutha Swaamy or The Supreme Soul and Supreme Personality Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan or the Super Soul in each body provided intelligence to the individual soul according to its capacity of understanding. Therefore, Sree MahaaBhagawaan Achyutha Swaamy or The Supreme Soul and Supreme Personality Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan or the Super Soul is the chief or the dominator within the body. The Super Soul is manifested to the individual soul according to the individual's comparative development of knowledge, austerity, penance, dedicated devotion, etc.

दृष्ट्वा तेषां मिथो नृणामवज्ञानात्मतां नृप ।
त्रेतादिषु हरेरर्चा क्रियायै कविभिः कृता ॥ ३९॥

39

Dhrishtvaa theshaam mittho nrinaamavajnjaanaathmathaam nripa
Threthaadhisu Harerarchchaa kriyaayai kavibhih krithaa.

Hey, Raajan! It was noticed by great Sages and Saints that people have developed mutual disrespect and despicability at the beginning of Thretha Yuga. [The incarnation of Vishnu Bhagawaan as Sree Raama took place in Thretha Yuga.] With an idea of reducing and or eliminating this negativity from the human being they thoughtfully introduced idol worship of deities in the temples with all paraphernalia. [When we worship, we consider everyone as equal and do not disrespect others. Therefore, if there is classism in the temple then the purpose is defeated.]

ततोऽर्चायां हरिं केचित्संश्रद्धाय सपर्यया ।
उपासत उपास्तापि नार्थदा पुरुषद्विषाम् ॥ ४० ॥

40

Thathoarchchaayaam Harim kechith samsredhddhaaya saparyayaa
Upaasatha upaasthaapi naarththadhaa purushadhvishaam.

From Thretha Yuga, people are very carefully and devotionally worshipping idol representation of Sree MahaaBhagawaan Achyutha Swaamy or The Supreme Soul and Supreme Personality Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan or Sree MahaaBhagawaan Achyutha Swaamy or The Supreme Soul and Supreme Personality Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan invoked and installed in idols. Mischievous and evil-minded people will not get any benefit by simply worshiping the idols.

पुरुषेष्वपि राजेन्द्र सुपात्रं ब्राह्मणं विदुः ।
तपसा विद्यया तुष्ट्या धत्ते वेदं हरेस्तनुम् ॥ ४१ ॥

41

Purusheshvapi, Raajendhra, supaathram Braahmanam vidhuh
Thapasaa vidhyayaa thushtyaa ddhaththe vedham Haresthanum.

My dear King, Yuddhishtira! Please be known that of all the persons, a qualified Braahmana with Vedhic knowledge, must be accepted as the best within this material world because such a Braahmana by practicing austerity, penance and Vedhic studies becomes a counterpart body of Sree MahaaBhagawaan Achyutha Swaamy or The Supreme Soul and Supreme Personality Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan.

नन्वस्य ब्राह्मणा राजन् कृष्णस्य जगदात्मनः ।
पुनन्तः पादरजसा त्रिलोकीं दैवतं महत् ॥ ४२ ॥

42

Nanvasya Braahmanaa, Raajan, Krishnasya jegadhaathmanah
Punanthah paadharejasaa thrilokeem Dhaiwatham mahath.

The Braahmanaas, especially those who are engaged in preaching the glories and glorifying stories of Sree MahaaBhagawaan Achyutha Swaamy or The Supreme Soul and Supreme Personality Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan throughout the world are recognized and worshiped by Sree MahaaBhagawaan Achyutha Swaamy or The Supreme Soul and Supreme Personality Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan who is the source of all creations including the creator of the creations. The Braahmanaas by preaching sanctify the three worlds by the dust of their lotus feet as they represent and are the counterparts of Sree MahaaBhagawaan Achyutha Swaamy or The Supreme Soul and Supreme Personality Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan. Even for Bhagawaan Lord Sree Vaasudheva Sree Krishna Bhagawaan they are the God. [Krishna has considered and treated Braahmanaas as God and worshiped them.]

इति श्रीमद्भागवते महापुराणे पारमहंस्यां संहितायां
सप्तमस्कन्धे सदाचारनिर्णयो नाम चतुर्दशोऽध्यायः ॥ १४॥

Ithi Sreemadh Bhaagawathe Mahaa Puraane Paaramahamsyaam
Samhithaayaam
SapthamaSkanddhe Sadhaacharaanirnnaya
[AasramaDdharmmaNiroopanam – SadhaacharaaNirnnayam] Naama
ChathurdhdhesoAddhyaayah

Thus, we conclude the Fourteenth Chapter Named as Principles of Ideal Life [Principles and Occupational Duties and Obligations at Different Stages of Life Brahmacharya-Grihastthaasrama-Vaanapresttha-Sanyaasa – Determination of Ideal Life] Of the Seventh Canto of the Most Divine and the Supreme Most and the Greatest Mythology Known as Sreemadh Bhaagawatham.

Om Shree Krishnaaya Param Brahmane Namah!
Om Namo Bhagavathe Vaasudhevaayah!
Om Namo Bhagavathe Vaasudhevaayah!
Om Namo Bhagavathe Vaasudhevaayah!